

Can-Fit-Pro



CPTN Conference 2005

Congratulations on your attendance at the CPTN conference on June 10-12, 2005. proud Can-Fit-Pro is to be associated with this great educational event.

Below is a list of all sessions at this event. Please complete the chart by checking off the courses that you attended and circling the total number of CECs as a Personal Trainer Specialist (PTS), Fitness Instructor Specialist (FIS), Nutrition and Wellness Specialist (NWS), Pre and Post Natal Fitness Specialist (PFS), Older Adult Fitness Specialist (OAS) Program Director Specialist (PDS) and/or Mind Body Fitness Specialist (MBS) that you have accumulated at this event. Once completed, this chart must be retained along with the Event Certificate for proof of your attendance.

Candidate NAME

Session Name	FIS	PTS	NWS	PFS	OAS	MBS	PDS
Posturology To Improve The Golf Swing & Injury Prevention		4					
The Web Savvy Personal Trainer		2					
Spinning Orientation	4	4					
Assessing and Correcting Flexibility Imbalances For the Personal Trainer	2	2					
Optimal Muscle Training For The Shoulder	2						
Spinning: In it for the Long Ride	1	1					
Training Special Populations: MS and Parkinson's	1	1					1
The Integration of Exercise, Nutrition & Supplements For Muscle Gain		1	1				
The Non-Responsive Client		1					
Power Yoga for Athletes	1	1	1			1	
Spinning: Mountain Biking Unique Cycling Simulation	1	1					
Strength Training for Sports		1					
Conditioning for Adventure Racing		1					1
Functional Anatomy and Biomechanics	1	1					
How to Improve the Golf Swing		1					
Spinning: Testing 1..2..3	1	1					
Corporate Opportunities for Fitness Professionals		1					1
Excellence through Balance	1	1	1			1	
Spinning: The Multi-Tasking Spinning Coach	1	1			1		
The Essentials of Program Design		1					
Bridging the Gap		1					1
Periodized BackFit Programs	1	1					
Agility Circuit	1	1					
Spinning: Two Zones-One Class	1	1					
PT Sales, Service & Marketing for Incredible Success		1					1
Intensive Skills Teaser		1					
F.A.S.T.		1					
Rhythmic Golf Training		1					

My signature below acknowledges that all information on this chart is true based on sessions that I attended.

Signature

Authorization by Susan Lee:


Signature
APPROVAL # 0551