



CPTN

Award of Merit Application Form

Name: _____
Address: _____
City: _____ Province: _____ Postal Code: _____
Phone: _____ E-mail: _____
CPTN ID #: _____ Year Certified: _____

EDUCATION (Please submit copy of distinction)

Diploma: _____
Undergraduate Degree: _____
Graduate Degree: _____

SPECIALTY CERTIFICATIONS (Please submit copy of certification)

Post Rehab Pilates Nutrition Golf Special Pop. Other: _____

TRAINING EXPERIENCE AS A CPTN CERTIFIED TRAINER

1-2 yrs 3-4 yrs 5-6 yrs 7+ yrs

LOCATION OF TRAINING

In-Home/Studio Commercial Resort/Spa Private Club Pro Athlete

CONTRIBUTION TO PROFESSIONAL DEVELOPMENT OF TRAINERS

Presenter: _____
Practical Assessor: _____
Certification Course Conductor: _____
Mentor: _____

COMPLEMENTARY SERVICES

Reg. Dietician Massage Therapist Fitness Appraiser Wellness Consultant
 Other: _____

COMPETITIVE ATHLETIC EXPERIENCE (Coach or Athlete)

NCCP: _____
Competitive Experience: _____

RECOGNITION BY MEDIA (Provide Publication name, issue, article title, date)

Newspaper: _____
Magazine: _____
Peer Publication: _____
Television: _____

COMMUNITY DEVELOPMENT/CHARITY

Event Name	Date	Duration of Involvement
_____	_____	_____
_____	_____	_____
_____	_____	_____

LETTERS OF RECOMMENDATION (Please provide name of references)

Peer: _____
Client: _____
Client: _____
Client: _____

For Office Use

FOR OFFICE USE ONLY

Total Points

**CPTN
CERTIFIED PERSONAL TRAINER AWARD OF MERIT
POINT SYSTEM**

CPTN SPECIALTY CERTIFICATIONS

Maximum 30 points

Specialty	Post-Rehab	Pilates	Nutrition	Golf	Spec. Pop.	Other	TOTAL
Points	10	10	10	10	10	10	

TRAINING EXPERIENCE AS CPTN CERTIFIED TRAINER

Maximum 10 points / section

# of Years	1-2 Years	3-4 Years	5-6 Years	7+ Years	TOTAL
Points	2	5	7	10	
Environment	In-Home / Fitness Studio	Commercial	Resort/Spa	PrivateClub / Pro Athletes	TOTAL
Points	2	2	3	5	

EDUCATION

Maximum 25 points

Type	Related Diploma	Related Degree	Post Grad. Degree	TOTAL
Points	15	20	25	

CONTRIBUTION TO PROFESSIONAL DEVELOPMENT OF TRAINERS

Maximum 20 points

Type	Presenter	Practical Assessor	Cert. Course Conductor	Mentor	TOTAL
Points	5	5	5	5	

COMPETITIVE ATHLETIC EXPERIENCE (as coach or athlete)

Maximum 10 points

Type	NCCP	COMPETITIVE EXP. (Oly./Nat./Prov.)	TOTAL
Points	5	5	

COMPLEMENTARY SERVICES

Maximum 5 points

Type	Reg. Dietitian	Massage Therapist	Fitness Appraiser	Wellness Consultant	Other	TOTAL
Points	5	5	5	5	5	

RECOGNITION BY MEDIA

Maximum 8 points

Type	Newspaper	Magazine	Television	Peer Publication	TOTAL
Points	2	2	2	2	

LETTERS OF RECOMMENDATION

Maximum 8 points

Letters Required	1 Peer	3 Client
Points	4	4

COMMUNITY DEVELOPMENT / CHARITY

Maximum 15 points

Type	Single Act	Annually	Ongoing
Points	5	10	15

POINT SCALE

Points	Designation
< 30	Level 1
30-59	Level 2
60+	Level 3 (Award of Merit)

CPTN AWARD OF MERIT GUIDELINES

1. The trainer may nominate themselves or be nominated by others.
2. The nominee must complete a scoring form for the point system and provide relevant documentation as required. This form will be located on the CPTN website.
3. A CPTN committee review panel will assess the nomination and all submitted materials.
4. Trainers receiving an Award of Merit will be presented their certificates at the Annual CPTN Conference in June.

Those who have received the Award of Merit will have the designation, CPTN-CPT.M (CPTN Certified Personal Trainer with Merit).

CATEGORY DISTINCTIONS

1. CPTN SPECIALTY CERTIFICATIONS: Up to three specialties may contribute towards the Award of Merit.
2. TRAINING EXPERIENCE AS CPTN CERTIFIED TRAINER: This includes experience as a CPTN certified trainer only and does not include training experience under other certifications. Training experience does not have to cover a consecutive period of time.
3. EDUCATION: Diploma, degrees and post-graduate degrees must be directly related to the field of fitness.
4. CONTRIBUTION TO PROFESSIONAL DEVELOPMENT OF TRAINERS: The trainer must be currently active as a presenter (min. of 3 workshops/seminars), practical assessor (min. of 8 practical assessments), certification course conductor (min. of 2 courses) or mentor (mentored or tutored at least 4 trainers) for a period of at least one year.
5. COMPETITIVE ATHLETIC EXPERIENCE (as coach or athlete): As of turning 18 years of age, holds current NCCP with a minimum of 2 years of coaching experience, or has at least 2 years of competitive experience at the provincial level or above.
6. COMPLEMENTARY SERVICES: Offers clients complimentary health and/or fitness-related services along with personal training services in an integrated approach.
7. RECOGNITION BY MEDIA: Maximum point total accumulated may include more than one proof of contribution from the same form of media (ie. 2 newspaper articles). This does not include advertisements.
8. LETTERS OF RECOMMENDATION: Maximum points may only be accumulated from a combination of one peer letter and three client letters. The letters must state how the trainer has made a difference amongst those he/she trains or works alongside and why the trainer makes a good role model. Any other points of interest/contribution should also be included. Someone who has known the trainer for a period of at least one year must write the letters.
9. COMMUNITY DEVELOPMENT / CHARITY: This may include volunteer work, motivating and organizing clients to attend charity fitness/athletic events, donations, or extra efforts to educate the community on healthy living or affect governing policies.